

GROW. PRAY. STUDY.
First United Methodist Church- Weekly Study Guide
“equipping people in becoming deeply committed Christians ”

Five Simple Truths about Life

Game Over.....When it all Goes Back in the Box
February 1-6

Monday READ 2 Corinthians 4:16-18

In this passage the Apostle Paul contrasts the “seen” world and the “unseen” world, calling the first “temporary” and the latter “eternal.” What does the concept of eternity mean to you? What tugs your attention away from eternal values, and toward temporary things? What helps you keep focused on the eternal, even when it is unseen?

Pray the Wesleyan Covenant Prayer

Tuesday 1 Timothy 6:6-8

List all of the goals you are working toward right now. If you attain them, which of them, if any, will go with you beyond this world? Does this week’s message compel you to re-think how important any of those goals are to you, or to add any others to your list?

Pray the Wesleyan Covenant Prayer

Wednesday Matthew 6:19-21

Where is your treasure? What do you value most in life? Do your checkbook and your calendar reflect that value, or do they point to other things?

Pray the Wesleyan Covenant Prayer

Thursday Matthew 7:24-27

What are you counting on to build a solid foundation for your life? Can you identify any “sandy foundations” that have let you down? Have you been waiting for something to happen or for circumstances to change in order to begin building a solid foundation? If so, how does this week’s sermon and study guide impact you?

Pray the Wesleyan Covenant Prayer

Friday Matthew 16:24-27

The words in this passage are Jesus'. What do you think he means when he says we are to "lose" our lives? Have you experienced or observed a situation where you or someone else gained a great deal, but did so at the cost of losing themselves? What choices are you making to avoid such a conclusion to your life?

Pray the Wesleyan Covenant Prayer

Saturday

Today we will be reading the passage we will deal with in worship tomorrow. As you read this Scripture pray that God cleanse your heart and prepare you for worship tomorrow.

I invite you to pray the following prayer:

Dear God,

As I read this passage today help me do so with an open heart, sincerely listening for your voice in my life. Use this passage to prepare me for worship tomorrow. As I read it help me to set aside my own agenda and my own desires so that I may come to worship tomorrow prepared to be molded by you as I continue my journey to becoming a deeply committed disciple of yours. In Christ's name I pray, AMEN

Here at FUMC we believe part of becoming a Deeply Committed Christians is praying daily. If you find yourself struggling with what to say, we suggest you try praying Wesley's Covenant Prayer.

A Covenant Prayer in the Wesleyan Tradition

I am no longer my own, but thine.

Put me to what thou wilt, rank me with whom thou wilt.

Put me to doing, put me to suffering.

Let me be employed by thee or laid aside for thee,

exalted for thee or brought low by thee.

Let me be full, let me be empty.

Let me have all things, let me have nothing.

I freely and heartily yield all things to thy pleasure and disposal.

And now, O glorious and blessed God, Father, Son, and Holy Spirit

thou art mine, and I am thine. So be it.

And the covenant which I have made on earth,

let it be ratified in heaven. AMEN

(United Methodist Hymnal, p. 607)